## WESTCLIFF HARD JUNIOR COACHING TIMETABLE

MINI RED GROUP COACHING TIMETABLE (children aged 4-8)		
MONDAY	4:00–4:45pm	
MONDAY	4:45–5:30pm	
THURSDAY	4:00–4:45pm	
THURSDAY	4:45–5:30pm & 5:30–6:15pm	
SATURDAY	9:00–9:45am	
SATURDAY	9:45–10:30am	
SATURDAY	10:30–11:15am	
SATURDAY	11:30–12:15pm	
SUNDAY	9:00–9:45am	
SUNDAY	9:45am–10:30am	

MINI ORANGE GROUP COACHING TIMETABLE (children aged 8-9)		
WEDNESDAY	4:00–4:45pm	
WEDNESDAY	4:45–5:30pm	
FRIDAY	4:00–4:45pm	
FRIDAY	4:45–5:30pm	
FRIDAY	5:30–6–15pm	

GREEN & YELLOW BALL TIMETABLE (Green is children aged 9-10. Yellow is 11 upwards) LEVEL			
MONDAY	IMPROVER/MINI GREEN	4:00–4:55pm	
MONDAY	ADVANCED YELLOW	5:00–5:55pm	
TUESDAY	MINI GREEN/YELLOW	4:30–5:25pm	
TUESDAY	YELLOW/TEENAGERS	5:30–6:25pm	
THURSDAY	MINI GREEN/YELLOW	4:30–5:25pm	
THURSDAY	YELLOW/TEENAGERS	5:30–6:25pm	
FRIDAY	ELITE	5:00–5:55pm	